





This workbook can help you but you still need to read the merit badge pamphlet.

This Workbook can help you organize your thoughts as you prepare to meet with your merit badge counselor. You still must satisfy your counselor that you can demonstrate each skill and have learned the information. You should use the work space provided for each requirement to keep track of which requirements have been completed, and to make notes for discussing the item with your counselor, not for providing full and complete answers. If a requirement says that you must take an action using words such as "discuss", "show", "tell", "explain", "demonstrate", "identify", etc, that is what you must do.

Merit Badge Counselors may not require the use of this or any similar workbooks.

No one may add or subtract from the official requirements found in Boy Scout Requirements (Pub. 33216 - SKU 637685).

	The requirements were last issued or revised in 2003	•	This workbook was updated in <u>June 2017.</u>	
Scout's Name:		_	Unit:	

Counselor's Name: \_\_\_\_\_

Jint. \_\_\_\_\_

Counselor's Phone No.: \_\_\_\_\_

## http://www.USScouts.Org • http://www.MeritBadge.Org

Please submit errors, omissions, comments or suggestions about this <u>workbook</u> to: <u>Workbooks@USScouts.Org</u> Comments or suggestions for changes to the <u>requirements</u> for the <u>merit badge</u> should be sent to: <u>Merit.Badge@Scouting.Org</u>

## 1. Discuss safety on the golf course.

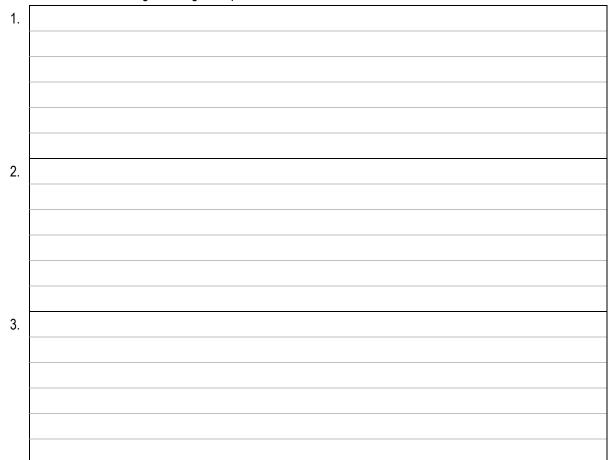
Show that you know first aid for injuries or illnesses that could occur while golfing, including heat reactions, dehydration, blisters, sprains, and strains.

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Sprains:	
Strains:	

- 2. Study the USGA Rules of Golf now in use.
  - a. Tell about the three categories of golf etiquette.



b. Show that you know about the definitions of golf terms.

Term	Definition

L	l

## c. Show that you understand the "Rules of Amateur Status."

I I I I I I I I I I I I I I I I I I I	
I I I I I I I I I I I I I I I I I I I	
I I I I I I I I I I I I I I I I I I I	

3. Tell about your understanding of the USGA system of handicapping.

## 4. Do the following:

a. Tell about the early history of golf.

b. Describe its early years in the United States.

c. Tell about the accomplishments of a top golfer of your choice.

- 5. Discuss with your counselor vocational opportunities related to golf.
- 6. Do the following:
  - a. Tell how golf can contribute to a healthy lifestyle, mentally and physically.

b. Tell how a golf exercise plan can help you play better.								
		Sho	w two exercises that would	improve yo	our game.			
		1.						
		2.						
7.	Show the	e foll	lowing:					
	а.	The	proper grip, stance, postur	e, and key	fundamentals of a	a good swing.		
			Grip Stance					
			Posture					
			Key fundamentals of a goo	od swina.				
	□ b.	The	full wood shot, played from	-				
	c.		fairway wood shot.					
	d.	The	long iron shot.					
	🗌 e.	The	short iron shot.					
	f.	The	approach, chip-and-run, a	nd pitch sho	ots.			
			Approach					
			Chip-and-run					
			Pitch shot.					
	g.	The	sand iron shot, bunker, or	heavy roug	h recovery shots.			
			Sand iron shot					
			Bunker recovery shot					
			Heavy rough recovery sho	t				
			ound putting stroke					
8.		Play a minimum of two nine-hole rounds or one 18-hole round of golf with another golfer about your age and with your counselor, or an adult approved by your counselor.						
	1. Dat	e:		Course:			Score:	
	2. Dat	e:		Course:			Score:	
	Do the fo	ollow	<i>v</i> ing:					
	🗌 а.	Foll	ow the "Rules of Golf".					
b. Practice good golf etiquette.								
	C.	Sho	w respect to fellow golfers,	committee	sponsor, and ga	llery.		
the C	Guide to	Adva	merit badges, Scouts and ancement (BSA publicatio <u>http://usscouts.c</u> d a complete copy of the	n 33088). I <mark>org/advanc</mark>	mportant excerp <u>e/docs/GTA-Exc</u>	ots from that publicatio cerpts-meritbadges.pdf	n can be	downloaded from